

EHE Academy Winter offerings

Mondays, January 9 - March 5, 2012, 10:00am - 12:45pm

Ethical Humanist Society, 7574 N. Lincoln Avenue, Skokie

Come spend the morning with other EHE'ers for classes and lunch.

- Academy classes are not drop off unless your child is 12+. You can assign another adult to supervise your child at Academy if you are not attending.
- Please contact each teacher to sign up for their class by **December 26** so they have time to plan and gather materials.
- There is a space fee for the use of Ethical Humanist Society in addition to class fees that apply to individual teachers. The space fee will be \$10 per student. This should be paid on the first day of classes. Checks payable to EHE.
- Don't fret! Kids Yoga with Misha Sol will return in Spring session.

10:00-11:00am

Musical Theater Class: Ages: 6-12

Eileen Hand: thinicetheater.com

Accompanist: Mandy Dallmann

Come sing music from your favorite Broadway musicals! Songs will include music from The Sound of Music, Annie, Oliver and many more! You will learn how to sell those songs through fun choreography and movement. You must be an EHE member to participate. Maximum of 15 students in class. **Cost: \$135**

Printmaking: Ages 9+

Joyce Elias: krinklebein@aol.com

Students will learn the art of printmaking by taking an historical look at printmakers and their techniques. The hands-on portion of the class will begin with making mono-prints and working up to wood block prints. **Cost: \$110**

Recycled Crafts: Ages 7+, younger crafters must bring a helper to assist them.

Annie Guter: aguter@sbcglobal.net

Continuation of last session's class with all new projects. Repurposing cast offs to create salable wares. Hand sewing, hot glue, crochet, and imagination will result in toys and household products your customers can put to use. Six completed projects, plus additional ideas to take home and create on your own. All materials provided except fabric shears. (Good scissors to cut fabric will be used during a couple of the classes.) **Cost: \$60**

Spanish Stories and Songs: Ages 4-8

Paula Fitzgibbons: paula@fitzgibbons.info

We will spend each hour learning Spanish through some familiar and some new songs and stories. **Cost: \$60**

Primary Art Watercolors: All ages

Eric Sorenson: espwave@hotmail.com

Learn the 2 main rules of painting; it's fun, and there are no mistakes! Primary Art will include finding your own style, the basics of creating any color in the rainbow from the 3 primary colors, sketching, shading, and perspective through watercolor. Open to all ages and skill levels. All materials included. **Cost: \$120**

Meditation and Imagery for Parents

Deb Singleton: singleton847@mindspring.com

Parents are constantly giving of themselves. But when we try to "pour out of an empty cup", we find ourselves feeling exhausted, stressed, angry, and resentful. Meditation and imagery are very effective for replenishing ourselves so we are happier and more effective, loving parents. This introductory class provides a safe and confidential space for experiencing a variety of meditation techniques (sitting, moving, mindfulness, breathing, chanting, etc.) and imagery techniques (visualization, guided/ unguided, interactive), as well as sharing our experiences and discussing the benefits they provide us for body, mind and soul. Participants often experience greater centeredness, inner peace, physical relaxation, self-understanding and focus, as well as better sleep! We will also explore ways we can incorporate or facilitate these

techniques with our children. Keeping a meditation journal and minimal outside reading is encouraged, but optional. **Cost: \$80**

11:10am-12:10pm

Beginning embroidery: Ages 7+, younger sewers must bring a helper

Annie Guter: aguter@sbcglobal.net

Continuation of first session with new projects. Learn to embellish your own things and create original gifts. We will learn 6-8 basic stitches that will serve sewers well in the future. All will design and create one original final project. Geometry and patterns accidentally included. **Cost: \$60 (all materials provided)**

Spanish 2B: Prerequisite Spanish 2A or commensurate experience.

Paula Fitzgibbons: paula@fitzgibbons.info

We will move on to practicing all the verbs we've learned, integrating more nouns and adjectives. **Cost: \$80**

Aerospace: Ages 7+

Brendan Stewart: TechFreak5000@comcast.net

Asst. teacher, Deb Singleton: singleton847@mindspring.com

What do Frisbees, paper airplanes and rockets have in common? With a fun, hands-on, interactive approach to the concept of flight, advanced concepts will be broken down for beginners. Students will come away with a greater understanding of flight, aerospace design, and the physics of the world in which we live.

Basic reading and math skills are extremely helpful (or parental assistance outside of class). Fine motor skills required for experimenting with remote-control flying, but not other activities. 30-60 minutes per week of homework plus occasional hands-on activities will be assigned for solidifying concepts. **Cost: \$110 (including \$35 materials fee).**

Mixed Media Art Experience: Ages 4-8

Joyce Elias: krinklebein@aol.com

The focus of this art experience is exploration and creativity. Students will have the opportunity to experiment with a variety of art materials while creating drawings, paintings and sculptures. This may get a bit messy. Please bring a smock.

Cost: \$110

12:10-12:45 LUNCH